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<p>Main Meal</p> <p>OR</p> <p>Alternative Meal 1</p> <p>OR</p> <p>Alternative Meal 2: Sandwiches</p>	<p>Pasta: Tomato & Basil Homemade tomato and basil sauce with penne pasta topped with cheddar cheese and a side of steamed Broccoli</p> <p> </p> <p>Jacket potato Jacket potato with cheddar cheese, baked beans and steamed Broccoli</p> <p></p> <p>SANDWICH CHEESE & CUCUMBER salad sandwich</p> <p> </p>	<p>Chicken Goujons Chicken goujons with a side of steamed carrots and peas</p> <p> </p> <p>Superfood Sausage Bursting with vegetables, legumes and grains, served with a side of steamed carrots and peas</p> <p>SANDWICH Homemade TUNA MAYO in a baguette</p> <p>  </p> <p>  </p>	<p>Beef burgers Beef burger in a high fibre bun with a side of baked wedges</p> <p> </p> <p>Chicken burger Chicken breast fillet burger in a high fibre bun with baked wedges</p> <p>QUORN Burger Southern fried Quorn burgers with cor on the cob fillet burger in a high fibre bun with baked wedges</p> <p> </p> <p>SANDWICH & CUCUMBER salad sandwich</p> <p>   </p>	<p>CHICKEN CURRY Mild Chicken Red Thai Curry with Red and Green Pepper with Jasmine Steamed Rice</p> <p></p> <p>VEGAN CURRY Mild Vegan Red Thai Curry with Red and Green Pepper with Jasmine Steamed Rice</p> <p>SANDWICH Homemade TUNA MAYO in a fresh baked baguette</p> <p>  </p> <p>SANDWICH CHEESE & CUCUMBER salad sandwich</p> <p> </p>	<p>Fish Breaded cod served with a side of crispy new potatoes, steamed broccoli and juicy sweetcorn</p> <p>  </p> <p>vegan fishless Baked Vegan Fishless with a side of crispy new potatoes, steamed broccoli and juicy sweetcorn</p> <p> </p> <p>SANDWICH Homemade Chicken & Mayo filling a baked baguette</p> <p> </p>
Included with meal	Fruit	Salad platter	PIP Organic fruit lollies & Fruit	Fruit Yoghurts	Fruit

	MEAT FREE MONDAY	TUESDAY	PIZZA WEDNESDAY	BEEFY THURSDAYS	SALAD FRIDAYS (SERVED COLD)
Main Meal	<p>Pasta: Tomato & Basil Homemade tomato and basil sauce with penne pasta topped with cheddar cheese</p>	<p>Chicken Traybake Chicken Sausages Tray bake with new potatoes, red peppers, carrots, chickpeas and onion</p>	<p>Pizza Deep pan wholemeal, Cheese and Tomato pizza topped with corn on the cob</p>	<p>Chilli con carne Mild Beef Chilli con carne served with a side of coriander and lime rice</p>	<p>Chicken Pasta salad Crispy chicken pieces tossed with pasta, egg free mayo dressing, sweetcorn, baby spinach and cherry tomatoes</p>
OR	<p>  Jacket potato Jacket potato with cheddar cheese and baked beans</p>	<p>  Vegan Traybake Vegan Sausages Tray bake with new potatoes, red peppers, carrots, chickpeas and onion</p>	<p>  Vegetable pizza Thin crust cheese and vegetable pizza with corn on the cob</p>	<p></p>	<p>  Veggie Pas. Crispy Falafel pieces tossed with pasta, egg free mayo dressing, sweetcorn, baby spinach and cherry tomatoes</p>
OR	<p> SANDWICH CHEESE & SALAD salad sandwich</p>	<p> Pasta: Tomato & Basil Homemade tomato and basil sauce with penne pasta topped with cheddar cheese</p>	<p>  WRAPS Chicken and sweetcorn filling in a spinach wrap with salad</p>	<p>Chilli 'Non' Carne Mildly spiced vegan con carne with a side of coriander and lime rice</p>	<p>SANDWICH CHEESE & CUCUMBER salad sandwich baguette</p>
Alternative Meal 1					
Alternative Meal 2: Sandwiches	<p> </p>	<p> </p>	<p> </p>	<p> </p>	<p> </p>
Included with meal	Fruit	Salad platter	Treat: Organic PIP fruit ice lollies and fruit	Organic yoghurt	Fruit

	MEAT FREE MONDAY	TUESDAY	BURGER WEDNESDAYS	BEEFY THURSDAYS	FRIDAY
Main Meal	<p>Pasta: Tomato & Basil Homemade tomato and basil sauce with penne pasta topped with cheddar cheese</p>	<p>Curry: Katsu Curry Katsu breaded chicken fillet, served with a side of steamed of jasmine rice and sliced carrots</p>	<p>Beef burgers Beef burger in a high fibre bun with a side of baked wedges</p>	<p>Bolognese Homemade beef Bolognese with a blended five veg tomato sauce topped with cheese served with Spaghetti</p>	<p>Fish Breaded cod served with a side of crispy new potatoes, steamed broccoli and juicy sweetcorn</p>
OR					
Alternative Meal 1	<p>Jacket potato Jacket potato with cheddar cheese and baked beans</p>	<p>Vegan Katsu Curry Vegan breaded strips served with a side of steamed jasmine rice</p>	<p>Chicken burger Chicken breast fillet burger in a high fibre bun with corn on the cob</p>	<p>Sundried Tomato and Basil Penne pasta in a rich tomato and basil sauce topped with cheese</p>	<p>Vegan Fishless Baked Vegan Fishless with a side of crispy new potatoes, steamed broccoli and juicy sweetcorn</p>
OR					
Alternative Meal 2: Sandwiches	<p>SANDWICH Veggie Chicken slices in wholemeal bread</p>	<p>SANDWICH Chicken & CUCUMBER in deli sub roll</p>	<p>Quorn Burgers Southern fried quorn burgers with corn on the cob fillet burger in a high fibre bun with baked wedges</p>	<p>SANDWICH CHEESE & CUCUMBER in a deli sub roll</p>	<p>Homemade Chicken & Mayo filling a baked baguette</p>
Included with meal	<p>Fruit</p>	<p>Salad platter</p>	<p>Treat: Organic flavoured lollies & Fruit</p>	<p>Organic yoghurt</p>	<p>Fruit</p>